

SUMMER PACKING LIST

BIRTHRIGHT ISRAEL: SHORASHIM

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CLOTHING

- 13 - 15 pairs of underwear & socks
- 6 - 8 pairs of shorts
- 2 - 3 pairs of long pants
- **10 - 12 short-sleeved shirts**
 - *We recommend short-sleeves on hikes to cover shoulders & prevent sunburns*
- 2 - 3 long sleeved shirts
- 1 - 2 nicer outfits for Shabbat
- 2 sets of modest clothing covering knees & shoulders
- 1 - 2 outfits for a night out
- 2 - 3 bathing suits
- **1 pair of closed-toed shoes**
 - *Participants are required to wear closed-toed shoes on all hikes*
- 1 pair of comfortable shoes
- 1 pair of water shoes or sandals
- 1 sweatshirt & sweatpants
 - *You will be sleeping outside one night in the desert where mattresses & sleeping bags will be provided. You will want to bring warm clothing for this night.*
- Sleepwear

ADDITIONAL ITEMS

- Sunscreen
- Toiletries
- Small backpack to hold essentials
- 2 beach towels
- Israel adapter plug (two prong or C plug)
- Copy of your passport
- Plastic bag for wet clothing

**** This is a standard packing list for classic 10-day trips - items may vary based on length of trip, type of trip, & personal preferences ****

FOR YOUR CARRY ON

- **Passport**
- **AT LEAST \$300 of spending money for daily independent meals & gifts / souvenirs**
- **Customary group tip for the bus driver & tour educator (\$100 for 10-day, \$70 for 7-day)**
- **Hat**
 - *A hat is required for each hike*
- **Reusable Water bottle**
- Sunglasses
- Over the counter and / or perscription medications (for allergies, etc.)
- Additional outfit or change of clothes
- Snacks
- Camera
- Phone charger & portable / external charger
- Headphones

IMPORTANT INFORMATION

- **Space on the bus is limited. You are permitted to bring only 1 checked bag that you can carry. The checked bag must weigh under 50 lbs.**
- **We provide an opportunity to exchange money upon arrival in Israel.**
- **You can purchase additional insurance for your trip at [BIT.LY/40CTAS](https://bit.ly/40CTAS)**
- **You can purchase a SIM card for your trip at [BIT.LY/40CELL](https://bit.ly/40CELL)**

DO NOT BRING

- **More than 1 carry-on & 1 checked bag**
- **Alcoholic beverages or illegal drugs**
- **Laptop computers or expensive electronics**